



Request under Freedom of Information Act 2000

Request Ref: NGFOI 18/19: 491

Thank you for your request for information received at Northampton General Hospital NHS Trust (NGH) on 13/12/18.

I am pleased to be able to provide you with the following information:
Please provide the name and city of the unit that you work in

Northampton General Hospital NHS Trust
Northampton

Complementary Therapies

1. How many births are there per annum at the unit where you work?

Response

Less than 1000
1001-2000
2001-3000
3001-4000
4001-5000
5001-6000
6001-7000
7001-8000
8001-9000
9001-10000
10000+

2. What is your annual % of women undergoing induction of labour for postdates pregnancy rate?

Response

Less than 2%
2-5%
5-7%
7-10%
>10%

3. Does your Trust have a Clinical Lead or Service Lead for the use of complementary therapies?

Response

Yes

No

Don't know

If Yes

Name of clinical lead or service lead

4. What care pathway does your Trust use for women with postdates pregnancy?

Response

Local Trust guideline

No specific Trust guideline, but follow the RCOG green-top guidance

None

Don't know

5. If your trust has a complementary therapy service or clinic what provision is made for women with postdates pregnancy?

Response (please select all that apply)

Reflexology treatment

Aromatherapy treatment

Acupuncture treatment

Osteopathy

Homeopathy

Massage

Healing

Bowen Technique

Emmett Technique

Combination treatment (if so please state combination)

No complementary therapy service

Other

We have a midwives trained in massage but haven't currently implemented a service for postdates pregnancy

6. If your Trust offers a complementary therapy treatment for women with postdates pregnancy, on average how many weeks gestation is the treatment offered?

Response

<40 weeks

40+1 weeks- 41 weeks

41+1 weeks- 42 weeks

Open appointment/woman's choice

Whenever the service is available

Not applicable (no complementary therapy service)

7. Please select from the list below those professionals who are qualified as complementary therapists and routinely involved in the provision of complementary therapy services in the unit where you work (please select all that apply)

Response

Gynaecologist

Midwife

Obstetrician

Nurse

Doula

Complementary therapy volunteers

Other (please specify) – Maternity Support Workers

Don't know

8. Who refers women to this complementary therapy service (please select all that apply)?

Response:

A midwife on the antenatal clinic

A midwife on the antenatal ward

A community midwife

An obstetrician

A doula

Complementary therapy volunteers

Other (please specify below)

9. Is routine membrane sweeping offered to women during a complementary therapy treatment?

Response

Yes

No

10. Following a complementary therapy treatment for postdates pregnancy, on estimate how many women still require an induction of labour?

Response

Less than 10%

11%-20%

21%-30%

31%-40%

41%-50%

51%+

Don't know

11. If complementary therapies are used to support induction of labour, do you collect data about the effectiveness of the treatments or service?

Yes

No

Don't know

12. If a multi-centre research study is funded regarding interventions to improve service provision and reduce postdates induction of labour using complementary therapies, might you be interested in participating or contributing?

Response:

Yes

No

If Yes, please provide the following details

Name: **It is not Trust practice to divulge the details for staff members below board level, however, we would be happy to forward on correspondence on your behalf.**

Contact details (Telephone/email):

Institution: Northampton General Hospital NHS Trust

Address for correspondence: Cliftonville, Northampton, NN1 5BD