



Request under Freedom of Information Act 2000

Request Ref: NGFOI 18/19: 512

Thank you for your request for information received at Northampton General Hospital NHS Trust (NGH) on 03/01/2019.

I am pleased to be able to provide you with the following information:

1. Does the hospital trust have a staff support and counselling service? If yes, what is it called? e.g. the Staff Support and Counselling Service

Please clarify whether the service is specifically for staff wanting support with work related issues, or whether staff can access the service for any personal issues unrelated to work.

Please confirm what is provided, e.g. six free counselling sessions

The Trust has a formal Counselling Service which is provided by a third party of visiting counsellors. Other support is provided within the scope of the occupational health department which staff can self-refer to. Regarding the reasons for staff seeing support, we are unable to provide this information as the service is confidential.

We provide one initial assessment session plus 5 counselling sessions but this can be extended based on the client/counsellors needs.

*2. How many staff members used the service in 2016, 2017 and 2018?
Please give a total for each year, so, for example, 100 in 2016, 100 in 2017 and 100 in 2018.*

2015/16 - 66

2016/17 - 68

2017/18 - 117

2018/19 to date - 127

3. Please confirm if you record the overall reasons why staff are accessing the service; e.g. you may have headings like, 'personal stressors (including anxiety/depression)' and 'work related stressors (including anxiety and depression)', etc.

We are unable to provide this information as the service is provided by a third party and the service is confidential.