

Thank you for your request for information received at Northampton General Hospital NHS Trust (NGH) on 19/07/2019.

- 1. Does your organisation provide mental health services as part of the Improving Access to Psychological Therapies (IAPT) programme*
- 2. If so, can you provide information as to what services you provide as a 'first treatment'. Does this for example, include group therapy sessions, telephone appointments, face to face appointments with counsellors, or self-guided online tools or workbooks. Please list all forms of 'first treatment' types your IAPT service provides.*
- 3. For all types of 'first treatment' provided as part of your service, please the number of appointments that took place in 2018/19 of each type.*

I can confirm on behalf of the Trust and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not collate the information that you have requested. This information may be available from Northamptonshire Healthcare NHS Foundation trust, who provide mental health services for Northamptonshire. Their website is:
<https://www.nhft.nhs.uk/>