

Foundation Job Description

| Foundation School | | |
|--|---|--|
| LNR | | |
| Grade (F1 or F2) | Specialty <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i> | Sub-specialty (if appropriate) <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i> |
| F1 FPP | Medicine | Acute Stroke |
| Trust | | Site |
| Northampton General Hospital NHS Trust | | Benham ward NGH |
| Main Duties | | |
| <p>This post will give a broad and thorough grounding in all aspects of acute and general medicine impacting on stroke patients. It sits with orthopaedics and general surgery rotations to make an interesting and flexible Foundation Year 1.</p> <p>This post is based on Benham ward which is a 27-bedded acute stroke ward. NGH provides the acute stroke service for the entire county with Benham and stroke rehab ward Allebone next door. The junior doctor team comprises four further doctors:- another FY1, a JCF, an IMT1 and an IMT2. There is middle grade cover from either SCF or stroke SpR and also Stroke Fellow. There is a daily Consultant presence.</p> <p>The working day begins with a 09.00am MDT boardround supported by the nurses, physiotherapists and OTs. This updates and presents an overview on all patients including new admissions. You then join the Consultant or SpR ward rounds prioritising sicker patients and those ready for discharge. You will have opportunities to join the Consultant in ED assessing acute stroke presentations for thrombolysis. These decisions are always undertaken by Consultant. In the afternoons you will have an opportunity to complete jobs, prepare discharge summaries, liaise with radiology and meet with families as needed. There is close collaboration with the community healthcare teams and particularly ICT (Intermediate care team).</p> <p>This post will allow the trainee to complete the majority of the Foundation Core procedures (DOPS) and the required work place based assessments can also be achieved. More challenging practical procedures might be attempted with supervision. The post demands good multidisciplinary team working which will easily be developed during the attachment.</p> <p>This is a new post, and the addition to the team of an additional FY1 will allow protection of self-development time for portfolio and quality improvement, as well as reducing intensity of daily clinical work. There will be an opportunities to teach or supervise 3rd year medical students undertaking the Core Medicine Block from Leicester Medical school during the rotations.</p> <p>This FY1 post is likely to include on call OOH duties on the Medicine FY1 rota. This is a 1 in 11 rota as below.</p> | | |

| Week | Mon | Tue | Wed | Thur | Fri | Sat | Sun |
|------|-----|-----|-----|------|-----|------------|---------|
| 1 | | | | | off | Ward cover | Wards |
| 2 | off | | | | | | |
| 3 | | | | | | | |
| 4 | | | | off | | | |
| 5 | off | off | | | | | |
| 6 | | | | | | | |
| 7 | | | | | off | On take | On take |
| 8 | | | off | | | | |
| 9 | | | | | | | |
| 10 | | | | | off | | |
| 11 | | | | | | | |

| Duty | Name | Pattern | Start | Finish | Duration |
|------|---------|------------|-------|--------|----------|
| A | NWD | NWD | 09:00 | 17:00 | 08:00 |
| B | Night | Full Shift | 21:00 | 09:30 | 12:00 |
| C | On Take | Full Shift | 08:30 | 21:30 | 13:00 |

Example Timetable

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.

| | Mon | Tues | Weds | Thurs | Fri |
|-----------|----------------------------|--------------------|---|---------------------|--------------------|
| AM | MDT, CWR, ward work | MDT, CWR ward work | Ward MDT, CWR, ward work | MDT, CWR, ward work | MDT, CWR ward work |
| Lunchtime | | Radiology meeting | | | |
| PM | CEM teaching, Ward work/ED | Ward work/ED | Ward work Self development time (flexible) | FY1 Teaching | Ward work/ED |

Educational Activities:

All FY1 will have a trained and experienced Educational Supervisor that stays with them for the whole of their FY1 year and a Clinical Supervisor for each of their 4/12 attachments. On Brampton the Clinical Supervisor will be a Physician ensuring the FY1 gets the most benefit from educational and career development opportunities.

The daily MDT and consultant ward rounds provide opportunity for in-depth discussion.

The mandatory F1 teaching occurs weekly on Thursday afternoons and is protected time off the ward and bleep free. The FY1 teaching programme covers a wide range of the curriculum over the three rotations.

There is weekly CEM teaching on a Monday afternoon and once a month Stroke teaching. The Advanced Care Practitioners run Stroke teaching on Fridays. There is a Stroke radiology grand round weekly at lunchtime.

All junior doctors will have the opportunity to complete supervised Quality Improvement projects of their own choosing. They will be supported in this by their Educational and Clinical Supervisors and the well equipped QIP department.

The medical education department comprises of medical education, simulation resuscitation and quality improvement academia. All junior doctors with a passion for education and/or quality improvement can work with the medical education team as faculty and support the delivery of education programmes for medical students and quality and safety programmes. All our faculty can attend an in house Train the Trainer course free of charge and are also offered a peer to peer review on their teaching sessions from one of the expert medical education senior management team.

Our STEP - Student Tutoring & Education Programme – is available for all medical students on placement at NGH. STEP is a programme aimed at providing additional formalised learning opportunities for medical students in order to enhance the educational experience already gained during their placements.

As part of STEP, teaching sessions are held once weekly in small groups (2-3 students).

We encourage all FY doctors to become tutors on STEP and lead sessions.

Other Comments (if appropriate):

Our group is made up of Northampton General Hospital (NGH) NHS Trust and Kettering General Hospital (KGH) NHS Foundation Trust and was formed in 2020.

We deliver acute services from two main sites: Northampton General Hospital and Kettering General Hospital. We also provide care at several satellite locations including in Corby, Wellingborough, Irthlingborough, Danetre and GP facilities.

Both our hospitals are acute hospitals providing 24-hour emergency care.

We offer a full range of district general hospital care as well as some specialist services: NGH provides specialist cancer, vascular and stroke care for the county and KGH provides emergency cardiac care for the county. In total we have around 1,390 beds with 600 at KGH and 790 at NGH. We serve a population of approximately 900,000 people across the county and employ over 9,000 staff, making us one of the largest employers in Northamptonshire.

All our divisions are committed to doing things better with more efficiency as we update, modernise and advance. We have strong partnerships with University of Leicester and University of Northampton and are supported by the East Midlands Clinical Research Network.

Our excellence values are, respect, compassion, integrity, courage and accountability.

Disclaimer: Please note that the placement information provided is subject to change.