

Foundation Job Description

Foundation School		
LNR		
Grade (F1 or F2)	Specialty <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	Sub-specialty (if appropriate) <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>
F1	Medicine	Diabetes & Endocrinology/GIM
Trust		Site
Northampton General Hospital NHS Trust		Creaton ward NGH
Main Duties		
<p>This post is based on a 28 bedded ward taking patients with diabetic, endocrine and GIM presentations. It is the chosen step-down ward for DKA leaving ITU and has a high percentage of patients with severe diabetic complications. Many patients have multiple co-morbidities here and this is reflected in the number of juniors and middle grade doctors attached to the unit.</p> <p>As well as this post the ward is staffed with an FY2, 2 x IMT1, GPvST so 5 junior doctors below ST3/IMT3 level. There are 3 middle grades (a HST, a SCF and an IMT3) who rotate through the ward, clinic and MedREg duties. There are two Consultants on the ward each day.</p> <p>This is a popular post attracting good calibre graduates and giving an excellent grounding in the management of diabetic and endocrine conditions as well as other GIM patients. As well as a great starting block for those planning a career in Medicine this post would provide a sound grounding for those who will leave this speciality for surgical, general practice and other career paths. You will have the opportunity to accompany the Consultants and Diabetic nurses on the daily Inreach rounds to the Nye Bevan Acute wards. There are many general and specialist clinics to attend if interested. Many previous post holders have gone on to successful careers in Medical specialties including D & E itself.</p> <p>The F1 will share responsibilities with the other ward doctors to deliver care to the 28 medical beds. Work starts with review of sicker patients and those fit for discharge who need EDN. A Consultant led MDT board-round takes place of all patients with the extended health care and social services team. Your daily role will involve working as a team to assess all patients on the ward to promote their clinical progress. Senior support is readily available for case discussion. You will organise appropriate investigations, request necessary referrals and complete necessary documentation such as EDNs.</p> <p>This post will allow the trainee to complete the majority of the Foundation Core procedures (DOPS) and the required work place based assessments can also be achieved. More challenging practical procedures might be attempted with supervision. The post demands good multidisciplinary team working which will easily be developed during the attachment.</p> <p>This FY1 post is likely to include on call OOH duties on the Medicine FY1 rota. This is a 1 in 11 rota as below.</p>		

Week	Mon	Tue	Wed	Thur	Fri	Sat	Sun
1					off	Ward cover	Wards
2	off						
3							
4				off			
5	off	off					
6							
7					off	On take	On take
8			off				
9							
10					off		
11							

Duty	Name	Pattern	Start	Finish	Duration
A	NWD	NWD	09:00	17:00	08:00
B	Night	Full Shift	21:00	09:30	12:00
C	On Take	Full Shift	08:30	21:30	13:00

Example Timetable

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.

	Mon	Tues	Weds	Thurs	Fri
AM	MDT, CWR, ward work	MDT, CWR ward work	MDT, CWR, ward work	MDT, CWR, ward work	MDT, CBR, ward work
Lunchtime					
PM	Ward work	Self development time (flexible)	Ward work	FY1 Teaching	Ward work

Educational Activities:

All FY1 will have a trained and experienced Educational Supervisor that stays with them for the whole of their FY1 year and a Clinical Supervisor for each of their 4/12 attachments. On Creaton the Clinical Supervisor will be a diabetologist/endocrinologist ensuring the FY1 gets the most benefit from educational and career development opportunities.

The daily MDT boardrounds and consultant ward rounds provide opportunity for in-depth discussion. The mandatory F1 teaching occurs weekly on Thursday afternoons and is protected time off the ward and bleep free. The FY1 teaching programme covers a wide range of the curriculum over the three rotations.

Once a month there are both Diabetic Safety meetings and Case Review Meetings with excellent educational content. There are monthly Mortality and Morbidity meetings which you will take part in. All junior doctors will have the opportunity to complete supervised Quality Improvement projects of their own choosing. They will be supported in this by their Educational and Clinical Supervisors and the well equipped QiP department.

The medical education department comprises of medical education, simulation resuscitation and quality improvement academia. All junior doctors with a passion for education and/or quality improvement can work with the medical education team as faculty and support the delivery of education programmes for medical students and quality and safety programmes. All our faculty can attend an in

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house Train the Trainer course free of charge and are also offered a peer to peer review on their teaching sessions from one of the expert medical education senior management team.

Our STEP - Student Tutoring & Education Programme – is available for all medical students on placement at NGH. STEP is a programme aimed at providing additional formalised learning

opportunities for medical students in order to enhance the educational experience already gained during their placements.

As part of STEP, teaching sessions are held once weekly in small groups (2-3 students).

We encourage all FY doctors to become tutors on STEP and lead sessions.

Other Comments (if appropriate):

Our group is made up of Northampton General Hospital (NGH) NHS Trust and Kettering General Hospital (KGH) NHS Foundation Trust and was formed in 2020.

We deliver acute services from two main sites: Northampton General Hospital and Kettering General Hospital. We also provide care at several satellite locations including in Corby, Wellingborough, Irthlingborough, Danetre and GP facilities.

Both our hospitals are acute hospitals providing 24-hour emergency care.

We offer a full range of district general hospital care as well as some specialist services: NGH provides specialist cancer, vascular and stroke care for the county and KGH provides emergency cardiac care for the county. In total we have around 1,390 beds with 600 at KGH and 790 at NGH. We serve a population of approximately 900,000 people across the county and employ over 9,000 staff, making us one of the largest employers in Northamptonshire.

All our divisions are committed to doing things better with more efficiency as we update, modernise and advance. We have strong partnerships with University of Leicester and University of Northampton and are supported by the East Midlands Clinical Research Network.

Our excellence values are, respect, compassion, integrity, courage and accountability.

Disclaimer: Please note that the placement information provided is subject to change.