

Foundation Job Description

Foundation School		
LNR		
Grade (F1 or F2)	Specialty <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	Sub-specialty (if appropriate) <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>
F1	Medicine	GIM, Frailty
Trust		Site
Northampton General Hospital NHS Trust		Eleanor ward NGH
Main Duties		
<p>This post is a great opportunity to experience the management of acute frailty within your FY1 year. It would work very well as a general introduction to Medicine in older patients and would also dovetail nicely with orthopaedics and general surgery attachments for a doctor thinking of either of those surgical career paths.</p> <p>This post is based on Eleanor ward which is a small 12-bedded ward with a very high turnover of patients. Most patients are assessed there and discharged within 24 hours – a few stay up to 72 hours. The frailty team are a dynamic Consultant led service that identify patients whose acute presentation may not require prolonged hospital stay. The team comprises an IMT1, and JCF and two SpRs. Your work would be between Eleanor and the ED where the Advance Care Practitioners and Consultants review patients who may be suitable for the service.</p> <p>The working day generally begins with MDT boardround supported by the nurses, physiotherapists and OTs to update and take an overview on all patients including new admissions. Your work will involve discharge summaries on those to leave, clerking of frailty patients in ED and assisting the Consultants to post-take. There is close collaboration with the community healthcare teams and particularly ICT (Intermediate care team). a weekly Ward MDT on Wednesday with all the extended team of healthcare professionals present. Following the consultant ward round you will help complete any outstanding jobs with the support of your Consultant or SpR. The nature of the Frailty approach to medicine means that there is always something new to assess and think about.</p> <p>This post will allow the trainee to complete the majority of the Foundation Core procedures (DOPS) and the required work place based assessments can also be achieved. More challenging practical procedures might be attempted with supervision. The post demands good multidisciplinary team working which will easily be developed during the attachment.</p> <p>This is a new post, and the addition to the team of an FY1 will allow protection of self-development time for portfolio and quality improvement, as well as reducing intensity of daily clinical work. There will be opportunities to teach or supervise 3rd year medical students undertaking the Core Medicine Block from Leicester Medical school during the rotations.</p> <p>This FY1 post is likely to include on call OOH duties on the Medicine FY1 rota. This is a 1 in 11 rota as below.</p>		

Week	Mon	Tue	Wed	Thur	Fri	Sat	Sun
1					off	Ward cover	Wards
2	off						
3							
4				off			
5	off	off					
6							
7					off	On take	On take
8			off				
9							
10					off		
11							

Duty	Name	Pattern	Start	Finish	Duration
A	NWD	NWD	09:00	17:00	08:00
B	Night	Full Shift	21:00	09:30	12:00
C	On Take	Full Shift	08:30	21:30	13:00

Example Timetable

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.

	Mon	Tues	Weds	Thurs	Fri
AM	MDT, CWR, ward work	MDT, CWR ward work	Ward MDT, CWR, ward work	MDT, CWR, ward work	MDT, CWR, ward work
Lunchtime					
PM	CEM teaching, ward work/ED	Ward work/ED	Self development time (flexible)	FY1 Teaching	Ward work/ED

Educational Activities:

All FY1 will have a trained and experienced Educational Supervisor that stays with them for the whole of their FY1 year and a Clinical Supervisor for each of their 4/12 attachments. In Frailty the Clinical Supervisor will be a Geriatrician with an interest in Frailty ensuring the FY1 gets the most benefit from educational and career development opportunities.

The daily MDT and consultant ward rounds provide opportunity for in-depth discussion.

The mandatory F1 teaching occurs weekly on Thursday afternoons and is protected time off the ward and bleep free. The FY1 teaching programme covers a wide range of the curriculum over the three rotations.

There is weekly CEM teaching on a Monday afternoon and once a month a Care of Elderly Medicine Mortality and Morbidity meeting which you will take part in.

All junior doctors will have the opportunity to complete supervised Quality Improvement projects of their own choosing. They will be supported in this by their Educational and Clinical Supervisors and the well equipped QiP department.

The medical education department comprises of medical education, simulation resuscitation and quality improvement academia. All junior doctors with a passion for education and/or quality improvement can work with the medical education team as faculty and support the delivery of education programmes for medical students and quality and safety programmes. All our faculty can attend an in house Train the Trainer course free of charge and are also offered a peer to peer review on their teaching sessions from one of the expert medical education senior management team.

Our STEP - Student Tutoring & Education Programme – is available for all medical students on placement at NGH. STEP is a programme aimed at providing additional formalised learning opportunities for medical students in order to enhance the educational experience already gained during their placements.

As part of STEP, teaching sessions are held once weekly in small groups (2-3 students).

We encourage all FY doctors to become tutors on STEP and lead sessions.

Other Comments (if appropriate):

Our group is made up of Northampton General Hospital (NGH) NHS Trust and Kettering General Hospital (KGH) NHS Foundation Trust and was formed in 2020.

We deliver acute services from two main sites: Northampton General Hospital and Kettering General Hospital. We also provide care at several satellite locations including in Corby, Wellingborough, Irthlingborough, Danetre and GP facilities.

Both our hospitals are acute hospitals providing 24-hour emergency care.

We offer a full range of district general hospital care as well as some specialist services: NGH provides specialist cancer, vascular and stroke care for the county and KGH provides emergency cardiac care for the county. In total we have around 1,390 beds with 600 at KGH and 790 at NGH. We serve a population of approximately 900,000 people across the county and employ over 9,000 staff, making us one of the largest employers in Northamptonshire.

All our divisions are committed to doing things better with more efficiency as we update, modernise and advance. We have strong partnerships with University of Leicester and University of Northampton and are supported by the East Midlands Clinical Research Network.

Our excellence values are, respect, compassion, integrity, courage and accountability.

Disclaimer: Please note that the placement information provided is subject to change.