

Foundation Job Description

Foundation School		
LNR		
Grade (F1 or F2)	Specialty <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	Sub-specialty (if appropriate) <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>
F2	Academic Management & Leadership General Practice	Leadership & Medical Education
Trust		Site
Northampton General NHS Trust		Danes Camp/Rillwood Medical
Main Duties		
<p>The Academic component of these posts will comprise either a 4 month dedicated block of time for academic endeavours or a regular weekly commitment to academia. The academic component is always "ring fenced" and kept separate from clinical commitments ensuring the academic Foundation Year 2 doctor enjoys their academic time without encroachment from clinical duties. The University of Leicester ,The University Hospitals of Leicester NHS Trust and their partner General practice research active sites are able to support academic FY2 doctors explore all facets of academic practice from basic bench science through to translational clinical research, medical education and development of clinical leadership and management skills.</p> <p>FY post holder during their placement in general practice will be able to gain in experience in:</p> <ul style="list-style-type: none"> - Assessment & management of patients in a community setting, both in the practice & on home visits if appropriate. - Practical procedures. - Requesting appropriate investigations. - Appropriate & safe prescribing. - Promote patient health through education, prevention, & treatment. - Communication, including maintaining clinical notes & referrals to other teams. - Treating patients holistically, considering both medical and psychosocial aspects of care. - Be part of multidisciplinary teams (MDTs) and learn from new ARRS (Additional Roles Reimbursement Scheme) staff based at Primary Care Networks (PCNs), including Clinical Pharmacists, Social Prescribers, and Physician Associates. - Learn and participate in primary care research, gaining exposure to research methodology, ethics approval processes, and data collection. - Develop skills in managing chronic diseases such as diabetes, hypertension, and COPD within the primary care setting. - Gain experience in preventive care, including screening programs for conditions like cancer, cardiovascular diseases, and mental health disorders. - Participate in Quality Improvement (QI) projects aimed at enhancing patient care delivery in the practice. - Learn to manage urgent care in a general practice setting, including minor illnesses and injuries. - Engage in patient-centered care, building long-term relationships with patients over time. - Understand the referral processes and integration with secondary care services, learning how to collaborate with hospital specialists. - Experience the use of telemedicine and remote consultations as part of the growing digital healthcare landscape in the UK. - Involvement in public health initiatives, including vaccination programs and health promotion campaigns. 		

This expanded list highlights the breadth of skills and experiences the post holder can gain in UK general practice during their Foundation placement in general practice.

Example Timetable

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.

	Mon	Tues	Weds	Thurs	Fri
AM	Academic	FY2 teaching	Clinical	Academic	Academic
Lunchtime					
PM	Academic	Academic	Clinical	Academic	Academic

Educational Activities:

Postgraduate Certificate in Leadership or Medical Education.

All FY2 will have a trained and experienced Educational Supervisor that stays with them for the whole of their FY2 year and a Clinical Supervisor for each of their 4/12 attachments.

The mandatory F2 teaching occurs weekly on Tuesday mornings and is protected time off the ward and bleep free. The FY2 teaching programme covers a wide range of the curriculum over the three rotations.

All junior doctors will have the opportunity to complete supervised Quality Improvement projects of their own choosing. They will be supported in this by their Educational and Clinical Supervisors and the well equipped QiP department.

The medical education department comprises of medical education, simulation resuscitation and quality improvement academia. All junior doctors with a passion for education and/or quality improvement can work with the medical education team as faculty and support the delivery of education programmes for medical students and quality and safety programmes. All our faculty can attend an in house Train the Trainer course free of charge and are also offered a peer to peer review on their teaching sessions from one of the expert medical education senior management team.

Our STEP - Student Tutoring & Education Programme – is available for all medical students on placement at NGH. STEP is a programme aimed at providing additional formalised learning opportunities for medical students in order to enhance the educational experience already gained during their placements.

As part of STEP, teaching sessions are held once weekly in small groups (2-3 students). We encourage all FY doctors to become tutors on STEP and lead sessions.

Other Comments (if appropriate):

Our group is made up of Northampton General Hospital (NGH) NHS Trust and Kettering General Hospital (KGH) NHS Foundation Trust and was formed in 2020. We have partnered with research active primary care sites eg Danes Camp Medical Centre.

We deliver acute services from two main sites: Northampton General Hospital and Kettering General Hospital. We also provide care at several satellite locations including in Corby, Wellingborough, Irthlingborough, Danetre and GP facilities.

Both our hospitals are acute hospitals providing 24-hour emergency care.

Here's a revised version of the ****Main Duties**** section that conveys the opportunities for academic development clearly:

We offer a full range of district general hospital care as well as some specialist services: NGH provides specialist cancer, vascular and stroke care for the county and KGH provides emergency cardiac care for the county. In total we have around 1,390 beds with 600 at KGH and 790 at NGH. We serve a population of approximately 900,000 people across the county and employ over 9,000 staff, making us one of the largest employers in Northamptonshire.

Our primary care placements Danes Camp Medical Centre is an active *Research Level 4 site*. This provides extensive opportunities for the post holder to engage in various aspects of research—from the early stages of proposal writing to the practical delivery of research projects. The centre hosts numerous ongoing academic and industry-led research initiatives, ensuring ample exposure for the FY2 to develop strong academic skills.

Furthermore, the post holder will be actively involved in teaching undergraduate medical students from various institutions. Under the supervision of Dr. Zafar, a renowned researcher and academic in general practice, the post holder will receive exceptional guidance and support, providing a solid foundation for a future career in academic medicine.

All our divisions are committed to doing things better with more efficiency as we update, modernise and advance. We have strong partnerships with University of Leicester and University of Northampton and are supported by the East Midlands Clinical Research Network.

Our excellence values are, respect, compassion, integrity, courage and accountability.

Disclaimer: Please note that the placement information provided is subject to change.