Foundation Job Description

Foundation School						
LNR						
Grade (F1 or F2)	If General (Inter General Surgery	cialty nal) Medicine OR , please provide a pecialty	Sub-specialty (if appropriate) If General (Internal) Medicine OR General Surgery, please provide a sub-specialty			
F2	Medicine		GIM/CEM			
Trust Northampton General Hospital NHS Trust		Site Allebone ward NGH				

Main Duties

This post will give a broad and thorough grounding in all aspects of acute and general medicine impacting on stroke patients undergoing rehabilitation and other CEM presentations

This post is based on Allebone ward which is a 30-bedded ward taking step-down stroke rehab patients from the Acute Ward Benham and other CEM/GIM patients. NGH provides the acute stroke service for the entire county with 24/7 Acute Stroke Consultant in ED, Benham and Allebone next door. The junior doctor team comprises three further doctors:- an FY1, a GPvTS and an IMT1. There is middle grade cover from either SCF or stroke SpR and there is a daily Consultant presence.

The working day begins with a 09.00am MDT boardround supported by the nurses, physiotherapists and OTs. This updates and presents an overview on all patients including new admissions. You then join the Consultant or SpR ward rounds proritorising sicker patients and those ready for discharge. You may have opportunities to join the Consultant in ED assessing acute stroke presentations for thrombolysis. These decisions are always undertaken by Consultant. In the afternoons you will have an opportunity to complete jobs, prepare discharge summaries, liaise with radiology and meet with families as needed. There is close collaboration with the community healthcare teams and particularly ICT (Intermediate care team).

Cross-cover between the two stroke wards allows protection of self-development time for portfolio and quality improvement projects.

This post has on call duties on the SHO2 rota which covers stroke on call some weekends and twilight shifts as well as unselected medical take at night so you will also have varied out-of-hours experience. This is a 1 in 11 rota that follows this template:

Week	Mon	Tue	Wed	Thur	Fri	Sat	Sun
1					off	Stroke	Stroke
2	off		Stroke				
3	Stroke						
4				off	Take	Take	Take
5	off	off			Stroke		
6							

7					off	NYB/Take	NYB/Take
8		Stroke	off				
9				Stroke			
10	Take	Take	Take	Take	off		
11							

Duty	Name	Pattern	Start	Finish	Duration
Α	NWD	NWD	09:00	17:00	08:00
В	Night	Full Shift	21:00	09:30	12:00
С	On Take	Full Shift	08:30	21:30	13:00

Example Timetable

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.

	Mon	Tues	Weds	Thurs	Fri
AM	CWR, ward work	FY2 teaching	CWR, ward work	CWR, ward work	CWR, ward work
Lunchtime		Radiology meeting			
РМ	CEM teaching, ward work	Ward work	Ward work	Ward work	Ward work

Educational Activities:

All FY2 will have a trained and experienced Educational Supervisor that stays with them for the whole of their FY2 year and a Clinical Supervisor for each of their 4/12 attachments. On Allebone the Clinical Supervisor will be a Stroke Physician or Geriatrician ensuring the FY2 gets the most benefit from educational and career development opportunities.

The daily MDT and consultant ward rounds provide opportunity for in-depth discussion.

The mandatory F2 teaching occurs weekly on Tuesday mornings and is protected time off the ward and bleep free. The FY2 teaching programme covers a wide range of the curriculum over the three rotations.

There is weekly CEM teaching on a Monday afternoon and once a month Stroke teaching. The Advanced Care Practitioners run Stroke teaching on Fridays. There is a Stroke radiology grand round weekly at lunchtime.

All junior doctors will have the opportunity to complete supervised Quality Improvement projects of their own choosing. They will be supported in this by their Educational and Clinical Supervisors and the well equipped QiP department.

The medical education department compromises of medical education, simulation resuscitation and quality improvement academia. All junior doctors with a passion for education and/or quality improvement can work with the medical education team as faculty and support the delivery of education programmes for medical students and quality and safety programmes. All our faculty can attend an in house Train the Trainer course free of charge and are also offered a peer to peer review on their teaching sessions from one of the expert medical education senior management team. Our STEP - Student Tutoring & Education Programme – is available for all medical students on placement at NGH. STEP is a programme aimed at providing additional formalised learning opportunities for medical students in order to enhance the educational experience already gained during their placements.

As part of STEP, teaching sessions are held once weekly in small groups (2-3 students). We encourage all FY doctors to become tutors on STEP and lead sessions.

Other Comments (if appropriate):

Our group is made up of Northampton General Hospital (NGH) NHS Trust and Kettering General Hospital (KGH) NHS Foundation Trust and was formed in 2020.

We deliver acute services from two main sites: Northampton General Hospital and Kettering General Hospital. We also provide care at several satellite locations including in Corby, Wellingborough, Irthlingborough, Danetre and GP facilities.

Both our hospitals are acute hospitals providing 24-hour emergency care.

We offer a full range of district general hospital care as well as some specialist services: NGH provides specialist cancer, vascular and stroke care for the county and KGH provides emergency cardiac care for the county. In total we have around 1,390 beds with 600 at KGH and 790 at NGH. We serve a population of approximately 900,000 people across the county and employ over 9,000 staff, making us one of the largest employers in Northamptonshire.

All our divisions are committed to doing things better with more efficiency as we update, modernise and advance. We have strong partnerships with University of Leicester and University of Northampton and are supported by the East Midlands Clinical Research Network.

Our excellence values are, respect, compassion, integrity, courage and accountability.

Disclaimer: Please note that the placement information provided is subject to change.