# **Foundation Job Description**

Foundation School							
LNR							
<b>Grade</b> (F1 or F2)	Specialty  If General (Internal) Medicine OR  General Surgery, please provide a  sub-specialty		Sub-specialty (if appropriate) If General (Internal) Medicine OR General Surgery, please provide a sub-specialty				
F2	General Psychiatry		Perinatal				
Trust		Site					
Northampton General Hospital NHS Trust		Berrywood Hospital					

### **Main Duties**

The trainee will shadow the consultant Perinatal Psychiatrist in assessment of women referred to the Perinatal team. The trainee will be supported to assess and review patients independently under consultant supervision. The trainee will gain knowldege of Perinatal psychiatric presentations, the precipitating factors and perinatal speciifc risk assessments. The trainee will gain experience of developing care plans for women in perinatal period, preconception counselling and suitable medications in perinatal period. The trainee will have the opportunity to shadow multidisciplinary team members to learn different management approaches. The trainee will also be supported by Specialty and Core trainees attached to the team and to join the academic programee at Berrywood, where they would be given a opportunity to present a case & Journal club. The Northamptonshire Specialist Perinatal team has been nominated twice and won the Team of the year since starting in 2018. The trainee will have access to the induction videos as well as individual learning through Consultant supervision. The Perinatal team also been established as a site for research and supported trainees with audits and poster presentation.

## **Example Timetable**

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.

	Mon	Tues	Weds	Thurs	Fri
АМ	Clinic at Campbell house with Dr.Chadalavada	FY2 teaching	MDT at Campbell House	Joint obstetric clinic	Out-patient clinic with Dr Chadalavada
Lunchtime		Balint group			
PM	In-house academic programme at Berrywood	Admin	Supervision & admin	Shadow MDT, home visits/groups	Admin

### **Educational Activities:**

The trainee will attend the in-house academic programme at Berrywood hospital and also the FY2 teaching programme. The trainee will be given a slot for a case presentation and Journal club in the academic programme and will be supported by the consultant and senior trainees. There will be oportunities to contribute to the ongoing research projects, audits and will be supported with poster presentations. The trainee will be able to contribute to the Recovery College modules along with Peer support workers and also the innovative "family and friends" presentations that are organised by the Perinatal team. All junior doctors will have the opportunity to complete supervised Quality Improvement projects of their own choosing. They will be supported in this by their Educational and Clinical Supervisors and the well equipped QiP department.

The medical education department compromises of medical education, simulation resuscitation and quality improvement academia. All junior doctors with a passion for education and/or quality improvement can work with the medical education team as faculty and support the delivery of education programmes for medical students and quality and safety programmes. All our faculty can attend an in house Train the Trainer course free of charge and are also offered a peer to peer review on their teaching sessions from one of the expert medical education senior management team.

Our STEP - Student Tutoring & Education Programme – is available for all medical students on placement at NGH. STEP is a programme aimed at providing additional formalised learning opportunities for medical students in order to enhance the educational experience already gained during their placements. As part of STEP, teaching sessions are held once weekly in small groups (2-3 students). We encourage all FY doctors to become tutors on STEP and lead sessions.

# Other Comments (if appropriate):

Our group is made up of Northampton General Hospital (NGH) NHS Trust and Kettering General Hospital (KGH) NHS Foundation Trust and was formed in 2020.

We deliver acute services from two main sites: Northampton General Hospital and Kettering General Hospital. We also provide care at several satellite locations including in Corby, Wellingborough, Irthlingborough, Danetre and GP facilities.

Both our hospitals are acute hospitals providing 24-hour emergency care.

We offer a full range of district general hospital care as well as some specialist services: NGH provides specialist cancer, vascular and stroke care for the county and KGH provides emergency cardiac care for the county. In total we have around 1,390 beds with 600 at KGH and 790 at NGH. We serve a population of approximately 900,000 people across the county and employ over 9,000 staff, making us one of the largest employers in Northamptonshire.

All our divisions are committed to doing things better with more efficiency as we update, modernise and advance. We have strong partnerships with University of Leicester and University of Northampton and are supported by the East Midlands Clinical Research Network.

Our excellence values are, respect, compassion, integrity, courage and accountability.

**Disclaimer:** Please note that the placement information provided is subject to change.